



## **The Women’s Mystery School of Magick and Empowerment Spiraling Our Way to Sovereignty and Personal Power**

*“Women on a Journey to Ourselves”™*

*An Experiential Training Program and Online Support Circle*

*Presented by [Magick & Empowerment](#), in partnership with [Sisterhood of the Moon](#)*

*Created by High Priestess Lady Jesamyn Angelica*

Discover your own unique, innate magick! Learn how to create potent ritual, holding transformational space for yourself and others. Delve into the relevance of the weave between self-love, self-care, and personal power-within. Develop a daily practice that centers, grounds, and supports you in all of your endeavors, aligning your life and magick with the flow of the seasons and cycles. Explore your natal chart, spellwork, divination, green witchery, creative visualization, prosperity consciousness, and more. This program is specifically designed to help you reveal and birth forth your true, authentic Self.

Now you can study with Lady Jesamyn and Sisterhood of the Moon from your own home, or anywhere with an internet connection. This online modern-day Mystery school is enrolling women now; you may begin at any time, on any day of any month—your birthday, the New Year, Imbolc, Spring Equinox...today. We offer guidance, support, and sisterhood during this program and, once successfully completed, you can choose to be recognized with a Witch Initiation into the Sisterhood of the Moon Dianic lineage.

Here we honor each woman’s unique contribution to life, each woman’s individual gifts and perspective. Find the Goddess within yourself and learn to love Her fiercely!

Materials are sent via email—regular homeplay and solitary practice is assigned for each Moon, and Sister-Queens are encouraged to share, stay in touch, and support one another in our secret, private Facebook group. We invite you to join our sacred adventure!

## About Our Program

This experiential program of women's magick requires deep, intentional focus; it generally takes about two (or more) years to complete although it can be completed in a minimum of thirteen months if your life has space to support such powerful work within that timeframe. Since this is a vigorous and intense course of study, please be in a place where you are able to commit to doing and turning in your homeplay; we ask that you check in—at the bare minimum—of once per month. That said, we know that life happens. If you find that you are unable to do this for whatever reason, please [contact Lady Jesamyn](#) for support and so we can create a solution together.

The intention of this curriculum is to provide support and encouragement as you create a better, more empowered life for yourself. We work with—and hold space for—whatever your situation is, without judgment. Clear and honest communication is the key to your success and being honest about where you are helps to develop your sense of self-confidence, self-worth, and integrity.



## Syllabus

### Moon 1

- A Brief Overview and Herstory of the Dianic Path and Tradition
- About Our Sisterhood of the Moon Tradition
- Dianic Elder High Priestesses
- Manifestos
- The Charge of the Star Goddess
- Feminism and the Birth of the Dianic Tradition
- Herstory and the Dianic Tradition
- The Code of Ethical Conduct for our Sacred Journey
- Your Witchy Journal and Book of Shadows
- Your Personal Daily Practice
- Element: Air; Direction: East; Energy: To Know

- Archetype: The Maiden
- Self-Dedication Ritual

## **Moon 2**

- Magickal Tools: Incense and Smudge
- Overview of Esbats and the Lunar Cycle
- Lunar Phases: New Moon and Waxing Moon
- Sacred Space and Ritual
- Some Interesting Perspectives on How Ritual and Magick May Work
- Creating Altars
- Ritual Preparation and Entering Sacred Space
- Casting the Circle: Invocations and Devocations
- Element: Air; Direction: East; Energy: To Know
- Beginning Ritual Creation
- Group Ritual Energetics, Protocol, and Etiquette
- Archetype: The Maiden

## **Moon 3**

- Magickal Tools: Blades: Athame, Sword, and Labrys
- Holding Center
- Holding Space
- The Ritual Container
- A Quick Note on Ritual Length
- The Dianic Wheel of the Year: Solar Cycles and High Holydays (Sabbats)
- Astrology and Natal Charts
- Connecting Sun, Moon, and Rising Signs to Our Ritual and Magick
- Element: Air; Direction: East; Energy: To Know
- Archetype: The Maiden

## **Moon 4**

- Element: Fire; Direction: South; Energy: To Will
- Archetype: The Mother
- Meditation and Visualization
- Creative Visualization
- Exercises in Creative Visualization
- Self-Love and Self-Worth
- Personal Power and Sovereignty: Truth-speaking, Authenticity, and Integrity
- Affirmations
- Affirmation Exercises

## **Moon 5**

- Lunar Phase: Full Moon
- Magick and Spells
- Energy Projection

- Creating Spells that Work
- Magickal Correspondences
- Magickal Record-Keeping
- Ethics
- Element: Fire; Direction: South; Energy: To Will
- Archetype: The Mother

### **Moon 6**

- Magickal Tools: Wand and Staff
- Creativity and The Muses
- Sacred Art
- Shamanic Art
- Sacred Art Projects: Goddess Boxes, Treasure Maps, Goddess Imagery
- Sacred Symbols, Personal Sacred Seals, and Sigilcraft
- Element: Fire; Direction: South; Energy: To Will
- Archetype: The Mother

### **Moon 7**

- The Red Tent
- Our Sacred Womb Mysteries
- Moontime/Menstruation
- Charting our Sacred Cycles
- Rites of Passage
- Element: Water; Direction: West; Energy: To Dare
- Archetype: The Queen
- Skills of the Queen: Self-Care

### **Moon 8**

- Magickal Tools: Chalice and Blessing Bowl
- Lunar Phase: Waning Moon
- Divination and Prophecy
- Personal Omens
- Dreams
- Element: Water; Direction: West; Energy: To Dare
- Archetype: The Queen
- Skills of the Queen: Rights and Responsibilities

### **Moon 9**

- Defining High Ceremony
- Magickal Names
- Personal Code of Ethical Conduct
- Preparing for Initiation
- Element: Water; Direction: West; Energy: To Dare
- Archetype: The Queen

- Skills of the Queen: Boundaries

### **Moon 10**

- Plants: Mundane and Magickal
- Kitchen Witchery and Food Magick
- Magickal Oils
- Flower Essences
- Spirit Guides and Helpers
- Animal Totems
- Element: Earth; Direction: North; Energy: To Keep Silent
- Archetype: The Crone

### **Moon 11**

- Lunar Phase: Dark Moon
- Exploring Goddesses from Our Bloodlines
- Ancestor Reverence
- Ancestor Altars
- Honoring our Elders
- Caring for our Bodies; Caring for the Earth
- Element: Earth; Direction: North; Energy: To Keep Silent
- Archetype: The Crone

### **Moon 12**

- Prosperity and Abundance
- The Spiral of Birth, Death, and Rebirth
- Labyrinths
- Magickal Tools: Stones and Crystals
- Protection Magick
- Element: Earth; Direction: North; Energy: To Keep Silent
- Archetype: The Crone

### **Moon 13**

- Element: Spirit; Directions: Above, Below, and Center
- Magickal Tool: Cauldron
- Lunar Phase: Void-of-Course
- The Altar of Mystery
- Self-Blessing
- Defining Initiation
- Initiation Preparation
- Your Initiation(s)
- Completing your Sacred Journey

### **Spiraling On**

- Self-Care After Initiation

- Closing the Energies
- Continuing Your Journey

### **Tribute/Exchange**

Our Tribute rates are offered on a sliding scale to make our program accessible to a wide range of women. Please base your exchange on what you can reasonably pay—for Sisters who are more financially abundant, please make your offering on the higher end of the scale to help subsidize those Sisters who are in situations where they are only able to currently budget for the lowest.

#### ***Tribute:***

- Monthly Membership via Paypal subscription for the duration of your Mystery & Empowerment program; Sliding scale, \$50-\$25 per month

**Women who have successfully completed the program are invited to stay in our private Facebook group free of charge in perpetuity.**

Making your Tribute signifies your agreement to our terms and conditions. We do not offer refunds. Thank you for your understanding!



Photo by Priestess Sabrina Moon

### **Materials**

In addition to the lessons emailed to you, you will need the following materials to begin:

- A new journal, notebook, or book to use as your Witchy Journal for this class journey.
- A datebook, wall calendar, website, or app that shows the Moon sign and phase for each day. We recommend the *We'Moon* datebook, which can be found [here](#), on Amazon, and at local Pagan shops and bookstores.
- These three books by the Founding Mother of the Dianic Tradition, Zsuzsanna Budapest:
  - *The Holy Book of Women's Mysteries*
  - *Grandmother of Time*
  - *Grandmother Moon*

For those Sisters who wish to delve deeper into the topics presented, further reading and research suggestions are given at the end of each Moon's materials.

## **Ethics**

In order to enroll in our program, please read over and agree to abide by this Code of Ethical Conduct, originally developed for the in-person Sisterhood of the Moon community:

### **Code of Ethical Conduct**

We are all manifestations of the Divine, therefore, we are all One. We value the dignity, worth, and sovereignty of each individual and we seek to embody integrity in all of our interactions. Having heard the call of the Goddess and willingly joined this community, as a Sister-Queen, I voluntarily pledge myself to this **Code of Ethical Conduct**:

- I treat my Sisters and myself with respect, courtesy, honor, patience, graciousness, and fairness.
- I open my heart and commit myself to compassion, peaceful exchange, cooperation, and non-violent communication with my Sisters and within our community. I deeply honor each Sister's unique individual expression of Self and also actively seek the places where our beliefs and thoughts harmoniously intersect.
- I strive to be honest in all of my interactions with my Sisters and our community. My words are sacred.
- I do what I say I am going to do or, if I find I am unable to, I take ownership and let those affected know immediately and directly. When I commit myself to something, I follow through.
- I recognize that we all do the best we can, and when there is any question, I choose to give my Sisters the benefit of the doubt before reaching conclusions or forming judgment.
- I do not engage in triangulation or gossip about my Sisters or our community. Further, I deal with any issues that arise quickly and directly, and/or seek conflict resolution.
- If I have a complaint, compliment, or question about the leadership or community, I address the High Priestess (Lady Jesamyn) directly as soon as possible. I choose to make a serious commitment to do my part in keeping the lines of communication open, honest, and clear. I know my thoughts and concerns are always welcome and valid.
- I know I am free to resign from the community without penalty or judgment. I will inform first the High Priestess and then my Sisters.

## About Our Facilitator

Lady Jesamyn Angelica, Priestess of the Luminous Void, is the Founder, Lineage Holder, and High Priestess of [Sisterhood of the Moon](#) and Sisterhood of the Tribal Priestesses, and Founder and Facilitator of [Magick & Empowerment](#), a modern day Mystery School. Sisterhood of the Moon is a Goddess-only open circle and community located in the Bay Area of California meeting for lunar-based ritual and other cosmic rites, devoted to empowering women and honoring the Goddess within and without. *Magick & Empowerment* is a virtual, online offshoot of Sisterhood of the Moon, a portal to sacred adventure and education in the magickal arts.



Lady Jesamyn has over 28 years' experience in the Goddess Arts and is an Ordained Dianic High Priestess, Ritualist, Teacher, Herbalist, Psychic, Women's Empowerment Facilitator, and Holistic Health Practitioner. Jesamyn brings her joie de vivre, humor, and wit combined with serious study and foundational Witchy skills to all she does. She has been practicing and studying Witchcraft since the age of 13, the Dianic Tradition since the age of 19, and Herbalism since her early twenties. Jesamyn holds a BFA in Creative Writing from Emerson College, Boston, MA; Herbalist Certification from Rosemary Gladstar and Barbara Nardozi, VT; Holistic Health Certification from the World School, San Francisco, CA; and was initiated as a Dianic Priestess by Leilani Birely in 2004 and then ordained by her in 2008. Lady Jesamyn was ordained Dianic Clergy by Z Budapest at the Goddess Festival in La Honda, CA in 2010 and then received her Dianic Queendom/High Priestess Ordination from Z at the Festival in 2012.

She is a particular and enthusiastic student of manifestation magick and her spiritual ministry is dedicated to empowering women and other people of integrity through truth-speaking, authenticity, and self-exploration. Please visit [Sisterhood of the Moon](#) to learn more about her work and in-person community.



## Enrolling in the Mystery School

When you are ready to enroll in The Women's Mystery School of Magick and Empowerment, please follow these steps:

- 1) [Contact Lady Jesamyn](#) with any questions, comments, concerns.
- 2) Offer your Tribute by setting up your subscription via the Paypal button for this specific class, located [here](#).
- 3) Email [Lady Jesamyn](#) from the email address you wish to receive materials at and let her know you are ready to begin.
- 4) ["Friend" Lady Jesamyn on Facebook](#) so she can add you to our private class group.
- 5) Begin and enjoy your first Moon of this Sacred Journey!

**Blessed be!**



Photo by Priestess Sabrina Moon

*Our proprietary class materials—including this description and syllabus—are not to be shared with others or excerpted without explicit written permission from Lady Jesamyn Angelica. This document was updated on 12/2/2016.*